



FIGU-LANDESGRUPPE CANADA NEWSLETTER

OFFICIAL NEWSLETTER OF THE FIGU CANADA NATIONAL GROUP / FLCA

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Now Available from FLCA !



Symbols of the Spiritual Teaching - A Companion Guide
by "Billy" Eduard Albert Meier
German and English
Translation: FIGU-Landesgruppe Canada

The purpose of this book is to act as a companion guide for English readers who have not yet mastered the German language. For cost-related reasons, the actual pictures of the symbols found in the German original book *Symbole der Geisteslehre* are not available in this book.

For readers who are interested in the pictures of the symbols, please refer to the German original which can be purchased from FIGU Switzerland (www.figu.org).

UPCOMING FLCA EVENT: FIRST STAR PSYCHIC FAIR, TORONTO

Weekend of April 25, 26, 27 - 2014

The Queen Elizabeth Building at Exhibition Place, one of Canada's biggest venues for exhibitions and shows

Symbol: BEING

from "Symbols of the Spiritual Teaching"
from the storage banks of Nokodemion and
Henok retrieved and recorded by
"Billy" Eduard Albert Meier



BEING is one of 601 symbols in the book
"Symbols of the Spiritual Teaching".
In total there are 52,476,812 symbols.



OM SYMBOL PLAQUE FROM SSSC GROUNDS

WAS DER MENSCH SUCHT...

von Billy

Der Mensch sucht; doch wonach sucht er?

Er sucht nach Wahrheit, nach dem wahren Leben und dem Lebenssinn.

Doch er tut es in einem ungestümen Drängen sowie in Unvorsichtigkeit und stets darauf erpicht, in allem und jedem, was ihm unterkommt, sich in einem Glauben zu ergehen, sei dieser nun politisch, religiös, sektiererisch, philosophisch oder sonstwie ideologisch.

Nicht kümmert sich der Mensch dabei um die Wirklichkeit, nicht um die Wahrheit und nicht um wahre Liebe, Menschlichkeit und alles, was zum wahrheitlichen Leben gehört.

Das Suchen der Menschen geht dabei wie ein gewaltiges Brausen durch die Welt, obwohl der Mensch nicht weiss, was er eigentlich als wahres Leben und als Lebenssinn sucht und sich auch nichts darunter vorstellen kann.

Und gerade das führt dazu, dass unzählige falsche Propheten, Gurus, Meister, Erleuchtete und Erhabene sowie Buchschreiber und Seminaranbieter in Erscheinung treten und leichtes Spiel mit ihrem horrenden Unsinn, mit ihren Irrlehren und Falschheiten haben, mit denen sie ihre Gläubigen an sich fesseln, um sie finanziell auszubeuten, sie zu missbrauchen und abhängig zu machen.

Immer mehr überschütten Sturmfluten von Büchern mit irren Inhalten religiöser, sektiererischer, esoterischer, philosophischer und politischer Form usw. die nach dem Leben und Lebenssinn suchenden Menschen, die gierig nach diesen Unsinnbüchern greifen und sich nur zu gerne in die Irre führen lassen.

Wichtig ist den Menschen nur, dass sie irgendwelchen irren Lehren nachhängen und daran glauben können, ohne das Ganze zu hinterfragen und ohne Vernunft und Verstand walten zu lassen.

Selbst Gelehrte glauben an die Unsinnigkeiten dieser falschen Lehren, und nicht selten graben sie bis zur bewusstseinsmässigen Ermattung oder gar bis zum psychischen Zusammenbruch in alten Schriften, um zu forschen und zu grübeln, bis sie halb irre werden.

Falsche Propheten aller Art machen den Bottich der Angst voll in der Weise, dass sie den Weltuntergang predigen, vor Gottes Zorn warnen und den Gläubigen das Paradies verheissen.

Rund um die Welt ist das Feuer der Warnungen und Verheissungen entflammt.

Wie eine fiebergeschwängerte Seuche wollen falsche Propheten, Esoteriker, Sektierer, Erleuchtete, Gurus, Erhabene und Weise sowie angebliche Kontaktler mit Ausserirdischen sowie Channeler, Hellseher und sonstige Medien usw. göttliche Botschaften verbreiten.

Und tatsächlich wird dadurch des Erdenmenschen Psyche durchwühlt und höllisch strapaziert, so nichts Labendes und nichts Erquickendes mehr darin zu finden ist.

Der ganze diesbezügliche Sektierismus ist derart an der letzten Kraft des Menschen sengend, zehrend und saugend,

WHAT THE HUMAN BEING SEEKS...

by Billy

Translation: Catherine Mossman

Presented at the FLCA Annual Meeting / August 17, 2013

The human being searches but what is he or she looking for?

He or she searches for truth, for the real life and life-sense. But he or she does it with an impetuous compulsion as well as with carelessness and is thereupon always eager to indulge him or herself in a belief in all and everything that he or she comes across, be this now political, religious, sectarian, philosophical, or otherwise ideological.

And yet this person cares not about reality, not about the truth and not about true love, humaneness and everything that belongs to the truthful life.

Throughout the world, the searching of the human being proceeds as an immense roar, even though the human being does not know and also cannot imagine thereunder, what he or she actually seeks as true life and as life-sense. And that is exactly what leads to the appearance of, and the easy manipulations by, countless false prophets, gurus, masters, enlightened and exalted ones as well as authors and seminar speakers; with their horrendous nonsense, with their heresies and falsehoods they hold onto their faithful in order to financially exploit them, to abuse them and to make them dependent.

The human beings seeks after increasingly overwhelming torrents of books with irrational religious, sectarian, esoteric, philosophic and political forms of content, etc.; they grab greedily for life and life-sense from these nonsense books and are only too happy to be lead into confusion.

What is important to the human beings is only that they can cling to whatever wrong teachings and believe in them, without questioning the whole thing and to allow them to prevail without rationality and intellect.

Even scholars believe in the senselessness of these false teachings and often bury themselves in old writings to the extent of consciousness-based excessive fatigue, or even to the point of psychological breakdown, doing research and brooding over ancient writings until they become half-crazed. False prophets of all kinds stoke the fires of angst in such a wise that they are preaching the apocalypse, warning of the wrath of God and promising paradise to the faithful.

Around the world the fires of warnings and promises are aflame.

Like a fever-infested plaque, wholly false prophets, esoterics, sectarians, enlightened ones, gurus, exalted and wise-ones as well as supposed contactees with extraterrestrials as well as channelers, clairvoyants and other such mediums, etc., want to spread divine messages.

And therefore indeed, the psyche of the Earth human being is ransacked and hellishly taxed, thus no refreshment and no invigoration is to be further found in them.

Regarding sectarianism the whole is so much about scorching, draining and sucking the last of the human being's power, by dint of which, he or she could possibly have come to their senses and reason in order to have turned away from all the nonsense, towards the real truth of the teaching

WHAT THE HUMAN BEING... from page 2

durch die er vielleicht noch zu Verstand und Vernunft kommen könnte, um sich von dem ganzen Unsinn abzuwenden, hin zur wirklichen Wahrheit der Lehre des Lebens und der Lehre des Geistes, um im Bewusstsein zu evolutionieren. Doch der Mensch ist durch seinen Glauben an die falschen Propheten, Esoteriker, Gurus, Sektierer, Medien und sonstigen Erleuchteten und Erhabenen bereits derart im Sumpf der Unwahrheit, des Schwindels, des Luges und Betrugens versunken, dass er sich nur noch mit äusserster Mühe daraus befreien kann.

Tatsächlich ist er bereits derart zerrissen in dieser Düsterei, dass er die Gegenwart der effektiven Wahrheit und der schöpferischen Gesetzmässigkeiten nur noch schwerlich zu erkennen vermag.

Doch der Mensch sucht, und hie und da findet trotz allem Übel der eine und andere den Weg zur Realität der Wahrheit.

Der Mensch sucht, und hie und da regt sich ein leises Flüstern, ein schwaches Raunen wachsender Erwartung von etwas, das doch eher der Wahrheit als irgendwelchem leeren Geschwafel entspricht.

Ist der Mensch soweit, dann erwartet er etwas Kommendes, das in ihm jeden Nerv unruhig werden lässt und unbewusst sein Sehnen nach der effektiven Wahrheit, nach Wissen und Weisheit sowie nach wahrer Liebe und Harmonie in höchste Spannung treibt.

Im Menschen beginnt es zu wallen und zu wogen, während in ihm aber immer noch Zweifel sind, die düster brütend, betäubend und unheilswanger in den Gedanken und Gefühlen toben, infolge der Angst, Strafe erdulden zu müssen, wenn das Alte und Unsinnige abgelegt wird. Das ist der Moment, bei dem es darauf ankommt, dass mutig der Weg der Realität beschritten und die Wahrheit anerkannt wird, andernfalls gebiert daraus Verwirrung, Kleinmut und Verderben, wenn nicht mit aller Kraft der dunkle, dichte Schleier endgültig zerrissen wird.

Werden Kraft und Mut nicht aufgebracht, dann werden die Gedanken und Gefühle mit gewaltiger Zähigkeit wieder in den schmutzigen Morast hinabgerissen, in dem alles Bemühen um aufsteigende Lichtgedanken im Keime erstickt werden.

Damit tritt dann ein unheimliches Schweigen gegenüber der effektiven Wahrheit ein, weil alles an gutem Wollen im sumpfigen Morast unterdrückt, abgewürgt, zersetzt und vernichtet wird, wodurch kaum mehr eine Möglichkeit besteht, nochmals den Weg in die Freiheit zu finden.

Die Chance dazu ist derart verschwindend klein, dass sie kaum mehr erfasst und nochmals genutzt werden kann, wenn nicht durch einen ungeheuren eigenen Einfluss der Zustand nochmals zum Besseren geändert werden kann. Geschieht das nicht, dann wird der Schrei der Sehnsucht und des Suchens nach Licht und Wahrheit, Liebe, Wissen und Weisheit abgeleitet und verhallt im alles verschluckenden Morast, der durch alle jene falschen Propheten,

of the life and the teaching of the spirit in order to evolve in the consciousness.

But the human being, through his or her belief in the false prophets, esoterics, gurus, sectarians, mediums and other enlightened and exalted ones, has already sunk so far in the quagmire of the untruth, of deception, of lies and deceit that only with the utmost effort may he or she be free.

In fact, he or she is already so demolished in this gloominess, that he or she is only scarcely able to recognise the presence of the effective truth and the creational laws.

But the human being seeks and here and there, despite all terrible things, one or another finds the way to the reality of the truth.

The human being seeks, and here and there stirs a soft whisper, a faint murmur of growing expectation, of something that corresponds to the truth rather than some kind of empty babbling.

In so far that the human being expects something is coming, then every nerve in him or her becomes restless and engenders an unconscious yearning after the effective truth, after knowledge and wisdom, as well as after true love and harmony in the highest striving.

Inside, the human being begins to weigh and assess, whereas if the old and nonsensical continues to reside there is still always doubt that darkly broods, stupifies and ominously clamours in the thoughts and feelings as a result of the fear of having to endure punishment.

This is the moment at which it matters most that one boldly steps towards the way of the reality, and the truth becomes recognised, otherwise it hence breeds confusion, despondency and ruin, if one does not, with all his or her power, finally demolish the dark dense fog.

If power and courage are not applied then the thoughts and feelings become torn down again, with immense tenaciousness, into the filthy morass in which all efforts become stifled by arising seeds of flimsy thoughts.

For this reason a weird silence appears regarding the effective truth because everything that is inclined towards a good volution is suppressed, strangled, demoralised and destroyed in the swampy morass, through which a possibility to once again find the way to freedom hardly exists anymore.

The chance is so vanishingly small to the extent that it can be barely captured and used again; not without a tremendous influence upon one's own condition can it be changed again for the better.

If that does not happen, then the cry of the longing and of the searching after light and truth, love, knowledge and wisdom dissipates and fades in an all enveloping morass that becomes easily caused by all those false prophets, saviours, gurus, esoterics, masters, sectarians, enlightened and holy-ones as well as through the non-understanding and false-interpreting spiritual-sciences and the professing of helping to bring the truth and the salvation which in reality, are

N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.

FOR THE COMPLETE TRANSLATION PLEASE CLICK THE LINK:

http://ca.figu.org/What_the_Human_Being_See.html#What_the_Human_Being_Seeks...

**ATLANTIS AND KARIN MEIER VISIT IN CANADA-
A BRIEF REPORT**

By Catherine Mossman

As many of you know, we enjoyed a visit with Atlantis Meier, and his wife Karin, in August. They were in Canada on their honeymoon and were happy to coordinate their time here with FIGU-Landesgruppe Canada’s annual meeting and to make themselves available to people from the public who were interested to meet them and ask questions.

Of course, Atlantis, being a child of Billy Meier has some interesting perspectives as to what it was like growing up within the FIGU community. When we asked him what it was like he said (I paraphrase here) that as a child (having no other reference than what he experienced) it was normal to grow up with the awareness of UFOs, and the awareness of extraterrestrial humans being in contact with his father. It was also normal for him to grow up within the community of people that were close to Billy. Some of these people were long-term core-group members of the Semjase-Silver-Star-Centre, and many others were visitors and passive group members who came from around the planet to meet Billy. Unfortunately, his school life was not happy. He was chastised and often made fun of for being the son of “UFO-Billy”.



KARIN AND ATLANTIS MEIER



MICHAEL, KARIN, ATLANTIS AND JIMMY



**KARIN, ATLANTIS AND CATHERINE ENJOY
A BEAUTIFUL AND HOT
SUMMER DAY AT WASAGA BEACH**



**AT THE INFORMAL Q&A SESSION WITH
ATLANTIS MEIER HELD IN TORONTO
WITH RENATE [center] ASSISTING WITH THE
GERMAN TO ENGLISH TRANSLATION**

ATLANTIS AND KARIN... from page 4

THE Q&A SESSION IN PROGRESS



Karin, who is a native of Munich, Germany, has been studying the Meier material since 1982 and has been a passive-member (i.e. not a core group member) for about 23 years, longer than Atlantis has been a core-group member! We had a couple of dedicated question and answer sessions with them, both at our annual passive meeting and at the public meeting at the library. These were interspersed with much discussion and various interjections with translation clarifications, etc.



We have filmed these sessions and are slowly wading through about 7 hours of talking to see if there is anything that may be of interest to the public. Once this has been done and if we find something we deem to be worthy of putting up it will be available on our site.

Salome,
Catherine



AFTER THE Q&A SESSION KARIN AND ATLANTIS JOINED THE ATTENDEES FOR DINNER

NOKODEMJON'S MENTAL-BLOCK-MEDITATION [Please use the German text for your meditation !]

1. Ich lebe in Liebe.
2. Ich lebe in Frieden.
3. Ich lebe in Freiheit.
4. Ich lebe in Harmonie.
5. Ich lebe in unbeschwert.
6. Ich lebe in Gesundheit.
7. Ich lebe in Freude.

1. I live in love.
2. I live in peace.
3. I live in freedom.
4. I live in harmony.
5. I live blithely. [joyously and carefree]
6. I live in health.
7. I live in joy.

Translation: Willem Mondria & Mariann Uehlinger Mondria

**FIGU-SONDER-BULLETIN NR. 72
BEVÖLKERUNGSEXPLSION ...
...UND BEWUSSTSEINSMÄSSIGE BLINDHEIT**

von Christian Frehner

1994 veröffentlichte die FIGU erstmals eine Aufstellung über die Anzahl der Menschen, die jeweils am Ende gewisser Jahresperioden auf unserem Planeten lebten, beginnend mit dem Jahr 1 unserer Zeitrechnung.

In der Überbevölkerungs-Broschüre Nr. 2 gab Billy präzise Zahlen bekannt, die durch die plejarischen Wissenschaftler ermittelt worden waren und die die von ihm in seinen Prophezeiungen bzw. Voraussagen genannte Überbevölkerungs-Katastrophe bestätigten.

Da jeder Mensch über eine individuelle elektromagnetische Schwingung bzw. Frequenz verfügt, die durch dessen individuelle Geistform und individuelles Bewusstsein (via Gehirn) geprägt wird, können die Plejaren mit ihren technischen Geräten jeden einzelnen Erdenmenschen zu einem gegebenen Zeitpunkt erfassen und demzufolge auch zählen.

Werden nun die in der Liste aufgeführten Zahlen mit den Schätzungen der irdischen Demographen verglichen, dann zeigt sich eine erschreckende Diskrepanz, gehen die «Schätzer» (der Begriff «Wissenschaftler» in diesem Zusammenhang zu verwenden, ist unangebracht) doch davon aus, dass gegenwärtig rund 7 Milliarden Menschen auf der Erde leben.

Gemäss dem US-amerikanischen Zählbüro, dessen Zahlen (<http://www.census.gov/main/www/popclock.html>) in der Regel als Grundlage für die Bücher und Artikel usw. zum Bevölkerungszahlen-Thema dienen, belief sich die Schätzung am Nachmittag des 17. Februar 2013 beispielsweise auf eine Scheingenauigkeit von 7 066 811 312 Menschen.

Eine solch ungeheure Fehlkalkulation in einer derartig ersten Angelegenheit ist nicht nur ein Zeugnis totaler Inkompetenz, sondern tatsächlich eine Katastrophe in sich selbst, wird dadurch die Menschheit doch kriminell fehlinformiert.

Wie kann wohl eine solche ungeheure Fehlleistung der Bevölkerungsstatistiker zustande kommen?

Einige naheliegende Erklärungsvarianten:

- Zahlen werden bewusst manipuliert, um die Lage weniger dramatisch darzustellen, als sie wahrheitlich ist.
- Länder liefern bewusst falsche Zahlen, um ihr Versagen im Geburtenregelungssektor zu kaschieren.
- Länder sind weder in der Lage noch gewillt, ernsthaft genaue Volkszählungen durchzuführen.
- Alle Länder sind schlicht und einfach nicht in der Lage, genaue Volkszählungen durchzuführen.

Da nicht einmal ein so hochentwickeltes, kleines Land wie die Schweiz in der Lage ist, über die aktuelle Anzahl der Menschen innerhalb der eigenen Grenzen genaue Zahlen zu liefern, wie soll dies in allen anderen Ländern und insbesondere in den sogenannten «Schwellenländern» oder «gescheiterten Staaten» usw. möglich sein?

**FIGU - SPECIAL BULLETIN NO. 72
POPULATION EXPLOSION...
...AND THE CONSCIOUSNESS-BASED BLINDNESS**

by Christian Frehner

Translation: Michael Uyttebroek

In 1994, FIGU first published a list of the number of human beings who lived on our planet at the end of certain year periods, starting with the year 1 AD.

In the Overpopulation Brochure No. 2, Billy made public, precise numbers that had been determined by the Plejaren scientists and confirmed what had been said by him in his prophecies, respectively predictions about an overpopulation catastrophe.

Since each human being has an individual electromagnetic swinging wave, respectively frequency, which is characterised by its individual spirit form and individual consciousness (via the brain), the Plejarens, with their technical devices, can record and therefore also count each individual human being of Earth at any given time.

If the numbers specified in the list are now compared with the estimates of terrestrial demographers, then a frightening discrepancy is apparent; the «estimators» (to use the term «scientist» in this context is improper) still assume that around 7 billion human beings are currently living on Earth.

According to the U.S. Census Bureau (<http://www.census.gov/main/www/popclock.html>), whose numbers generally serve as the basis for books and articles, etc., on the topic of the population numbers, the estimate on the afternoon of 17 February 2013, for example, amounted to a fictitious accurateness of 7,066,811,312 human beings.

Such a tremendous miscalculation in such a serious matter is not only a testimony of total incompetence, but actually a catastrophe in itself, whereby humankind is nevertheless criminally misinformed.

How can indeed such a tremendous blunder by the population statisticians come about?

Some obvious explanation variants:

- Numbers are consciously manipulated in order to present the situation as being less dramatic than it truly is.
- Countries consciously provide false numbers in order to hide their failure in the sector of birth control.
- Countries are neither in the position nor willing to seriously carry out accurate censuses.
- All countries are not, pure and simply, in the position to carry out accurate censuses.

Since not even such a highly developed, small country like Switzerland is in the position to provide exact figures of the actual number of people within its own borders, how can this be possible in all other countries and especially in the so-called «developing countries» or «failing states», etc.?

The uncontrolled rural exodus to cities with growing gigantic slums, the movements of refugees, the emigration, migration, and generally the nature of asylum seekers, etc., are, on the one hand, clear consequences of the overpopulation, and on the other, in itself, again a spinning weight in the deadly spiral of the continuously growing and already red-

POPULATION EXPLOSION... from page 5

Die unkontrollierte Landflucht in Städte mit wachsenden riesenhaften Slums, die Flüchtlingsbewegungen, die Emigration, Migration und allgemein das Asylantenwesen usw. sind einerseits klare Folgen der Überbevölkerung, und andererseits in sich selbst wieder ein Schleudergewicht in der tödlichen Spirale der stetig anwachsenden und bereits rotglühenden Katastrophe.

Am 7. Mai 2012 wurde vom «Club of Rome» das Buch «2052 – A Global Forecast for the Next Forty Years» («2052 – Eine globale Vorausschau auf die nächsten 40 Jahre») der Öffentlichkeit vorgestellt.

In diesem Buch behauptet der norwegische Wirtschaftsexperte und Zukunftsforscher Jörgen Randers, dass «die Weltbevölkerung kurz nach dem Jahr 2040 bei 8,1 Milliarden den Höchststand erreichen und dann zurückgehen werde» (Quelle: <http://www.clubofrome.org/?p=703> und <http://www.bericht-2052.de/>).

Eine ungeheure Fehleinschätzung, wenn man weiss, dass gemäss den genauen Abklärungen der Plejaren Herrn Randers Schätzung fürs Jahr 2052 in Wahrheit bereits im aktuellen Jahr 2013 um 200 Millionen Menschen übertroffen wurde, bzw. dass die 7-Milliarden-Schwelle im Jahr 2003 überschritten wurde!

Und welch ein Makel für eine hochgelobte und vielzitierte Studie, in deren Glanz sich der Autor und der «Club of Rome» sonnen (lassen).

Schöner Schein, und innen faul und wurmstichig. Herr Randers Sorgen um die Zukunft der Menschheit mögen echt sein, seine Analyse hingegen krankt am bekannten blinden Fleck und denkerischen Unvermögen, der Realität ins Auge zu blicken, wie dies übrigens auch bei der überwiegenden Zahl seiner «Wissenschaftler»-Kollegen der Fall ist.

Eingehend werden Symptome wie Klimawandel usw. aufgelistet und beschrieben, während die Ursachenbekämpfung ausser acht gelassen wird.

Einerseits besteht wirklich eine denkerische Unfähigkeit, die Ursache zu erkennen (wohl aus religiösen oder falsch-philosophischen oder ähnlichen Gründen), oder weil man sich wie der nichtexistente Teufel vor dem nutzlosen Weihwasser scheut, sich der notwendigen Diskussion zu stellen, nämlich wie man die Bevölkerungsexplosion ins Gegenteil umleiten kann.

An diesem Punkt zeigen sich die Feigheit, Blindheit, Verantwortungslosigkeit und/oder Dummheit der Bevölkerungsstatistiker, der Vogel-Strauss-Taktiker, Weltverbesserer, Religionisten und Sektierer, der Falschhumanisten, Weichlinge, Symptomfetischisten und Die-eigene-Intelligenz-falsch-Einschätzenden usw. Entweder sind sie des logischen Denkens wirklich nicht mächtig, oder sie sind aufgrund ihrer Religionskrankheit nicht in der Lage, das grundlegende Problem neutral zu analysieren und die notwendigen Lösungen zu finden, zu beschreiben und zu vertreten.

hot catastrophe.

On May 7, 2012 the «Club of Rome» presented to the public the book «2052 - A Global Perspective on the next 40 years».

In this book, the Norwegian economist and futurist Jorgen Randers claims that "shortly after the year 2040 the world population will reach a peak of 8.1 billion and will then decline" (Source: <http://www.clubofrome.org/?p=703> and <http://www.bericht-2052.de/>).

A tremendous miscalculation when one knows that according to the exact clarifications of the Plejaren, Mr. Randers estimate for the year 2052 already, in truth, was surpassed in the current year 2013 by 200 million people, or that the 7-billion threshold was exceeded in the year 2003!

And what a blemish for a highly acclaimed and much-cited study, in which the author and the «Club of Rome» (let themselves bask in the glow.

Beautiful appearance, and inside rotten and worm-eaten.

Mr. Randers' worries about the future of humankind may be genuine, however, his analysis suffers from the well-known blind spot and thinking inability to look reality in the eye, as is the case, for that matter, with the vast number of his «scientist» colleagues.

Symptoms such as climate change, etc., are extensively listed and described, while the root cause is disregarded.

On the one hand there is really an intellectual incapability to recognise the cause (probably for religious or false philosophical or similar reasons), or because one dreads, as the non-existent devil does from useless holy water, to provide the necessary discussion, namely, how can one redirect the population explosion into its opposite.

At this point, the cowardice, blindness, irresponsibility and/or low intelligence of the population statisticians, head-in-the-sand tacticians, do-gooders, religionists and sectarians, the false humanists, sissies, symptom fetishists and those that wrongly rate their own intelligence, etc., show that either they are really not capable of logical thinking or, because of their religion disease, they are not in a position to neutrally analyze the fundamental problem and to find, to describe and to represent the necessary solutions.

Whereby: they actually do not begin from the ground up because the foundations are already on the table for a long time, and indeed with us at FIGU (see e.g.

<http://www.figu.org/ch/overpopulation>).

Unfortunately, that which has been said in this article fades, indeed to continue as a shout in the desert, in which case, however, the following still applies: "Whoever does not want to hear and read and think, must find out the hard way!"

Consequently, in any event it is to be noted that the participants for the predicted 'wailing and gnashing of teeth' on our planet, grow extremely quickly, in which case, the process has already begun to be audible and will escalate ever increasingly!

N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.

FOR THE COMPLETE TRANSLATION PLEASE CLICK THE LINK:

http://ca.figu.org/Population_Explosion...html#Population_Explosion_and_the_Consciousness-based_Blindness

IMAGES FROM THE 3RD FLCA ANNUAL GENERAL MEETING
AUGUST 17-18, 2013



PEACEFUL AND BEAUTIFUL SCENERY



FIGU MEMBERS:
back row: IRENE, ISAAC, SIDONIO
middle: MARCEL, JIMMY, DON, RENATE,
ATLANTIS, KARIN
front: CHRIS, HODARI, CATHERINE AND
MICHAEL
behind camera: FERDINAND



JIMMY PRESENTS HIS TOPIC AT THE FLCA MEETING



DELICIOUSLY PREPARED HOME-COOKED MEALS BY
DON AND IRENE ARE APPRECIATED BY EVERYONE
DURING BREAK TIME

IMAGES FROM THE 3RD FLCA...from page 9



FERDINAND AND MARCEL PICK FRESH BLUEBERRIES FOR THE BREAKFAST SALAD



FIGU PASSIVE MEMBERS

ATLANTIS THOROUGHLY ENJOYED CANOEING IN THE PROPERTY'S LAKE



FROM THE "OM" BY BILLY, KANON 21, LINES 13,16 & 17, page 72

13. So nun aber die Menschen unterschiedlich sind in ihrer Evolution, in ihrem Körper, in ihrem Fühlen, in ihrem Lernen und in ihrem Denken und Handeln, so sind sie auch unterschiedlich in ihren Leistungen bei der Verrichtung von Arbeit, so auch, wenn sie geben ihre besten Bemühungen.

13. As it is now, people are diverse in their evolution, in their bodies, in their feelings, in their learning and in their thinking and acting, they are also different in their output in the performance of work, also even if they give their best efforts.

16. Also soll nicht sein eine Lohngebung in Verschiedenheit durch verschiedene Tätigkeit und Arbeit, denn wahrheitlich ist jede Arbeit ihres Lohnes wert, der da bemesset ist nach den Bemühungen und nicht nach der Leistung.

16. Therefore payment of wages should not be varied due to differing occupations and work because truthfully every job is worthy of its wages, since one is measured according to the efforts and not according to the output.

17. Es erhalte daher der Lastenträger nicht mehr Lohn als der Ziegenhirte, und der Kaiser nicht mehr als der Tagelöhner, und also nicht ein anderer Führer des Volkes mehr als der Bauer oder Häusermacher, und also erhalte auch nicht mehr der Heilkundige als der Schuhwerker, wenn alle bringen und geben ihre beste Bemühung, auch wenn ungleich ist die Leistung.

17. Therefore the load carrier does not receive more pay than the goat herder, and the emperor no more than the day labourers, and likewise another leader of the people more no more than the farmer or home builder, and also the healer no more than the shoe maker, if all bring and give their best effort, even if the output is not equal.

N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.

APPROACHING THE SPIRITUAL TEACHING

Presented at the FLCA Annual Meeting / August 17, 2013

by Ferdinand Suzara

There are many paths into the spiritual teaching from Billy and FIGU. Each of us may choose which way to venture into the spiritual teaching from the myriad of topics available. The Plejaren and FIGU stress the importance of learning German as to experience the material first hand without the stated inferior English language.

One of the major disadvantages of being a non-German speaker is not having the full access to the extensive material available in German only. There are numerous ways one can approach the spiritual teaching and the FIGU information provides answers to the maxim "if you have a question there will be an answer" and an answer that is understandable and logical.

This has always been the case and in each of our own paths into the spiritual teaching there are some common stepping stones that have to be dealt with if we are to go further in our learning.

There are numerous FIGU related sites online with English information and in addition, even a small number of Billy's books slowly being translated into English. Fortunately, there is a lot of information already translated into English but if one wants to go deeper into the spiritual teaching at some point one will have to deal with the German language.

As already explained by the Plejaren and also strongly recommend by them is that all those who are interested and involved in the mission be they Landesgruppe members, FIGU Passive members or just interested persons is that they learn the German language to get the full and correct understanding of the spiritual teaching. The benefits of course, in addition to what is learned, is the evolution-CODE from reading the texts or hearing them in German. As importantly, if one decides to take on the Geisteslehre course from Switzerland it will be a necessary step and challenge to learn German for this endeavour.

Making Time for the Spiritual Teaching

There are many many distractions in each of our everyday lives.

One of the main factors that has to deal with is the allotment of time to study the spiritual teaching.

Our day to day experiences, work, family and so many things vie for our time and attention: Facebook, Twitter, texting, tv, surfing online, interests, etc. It seems that more and more of these distractions have surfaced each year taking up our precious time and attention.

The result is, even making the possibly available time even more scarce-- it is imperative that we make the time for the study of the spiritual teaching and being disciplined in ourselves. To be more thorough on how we spend the hours of each day is of necessary importance. Otherwise the day passes and study has been put aside. So many distractions to pull us away from our selves and our bearing must be focussed and steadfast on our daily study and commitment to ourselves and personal evolution.

We are all pushed and pulled by our daily routine and schedules and at the end of the day one has hopefully achieved a full day and including what one had hoped to accomplish with the spiritual teaching. Whether it be a one's daily meditation or reading a sentence or paragraph from any of the FIGU material.

We have access to a large amount of English-German translations from the internet and of course this is only a small fraction of what is truly available if one is a German speaker. I can only imagine the excitement to be a German speaker who is aware of FIGU since there will be so much to read and learn.

Already I find that there is a lot of FIGU material available in English due to the dedication of translators making them available online. Even if they may not be perfect translations due the deficiency of the English language there is a lot of benefit from them and even if they may offer a fraction in the equivalence when compared to the original German text they are still valuable.

Maybe in future incarnations I will be in a life situation that will enable me to learn the German language in its full extent and likewise also have the access to the FIGU material.

My Personal Approach to the Spiritual Teaching

I would like to share how I have approached the spiritual teaching.

The first and foremost factor is to make time for the study of the spiritual teaching each day and we have to make a commitment to learning and our own spiritual evolution.

An important part of my life has been my daily meditation every morning which I have been doing daily for 9 years now. This is something I look forward to each morning and has become a part of my daily routine and I think it really encompasses the so called "me-time" which is talked about--that which is a special time one has set aside for oneself.

As a non-German speaker I have by chance have been able to learn to read and pronounce German.

My interest in the German language has been somewhat fortunate in the sense that I have always been fascinated by its sound even when I was a high school student.

It was through my enjoyment of opera and particular German opera and German classical songs that made me interested in the sound of the German language. Since I was curious to find out what was being sung and what was happening in the opera or song, I would listen and follow line by line comparing the German singing and follow the German text comparing it to the translated English libretto of the opera. This fascination for German was more in the sound of the language which I

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considered pleasant as others would also consider Italian or French pleasurable to listen to.

It was only many years later when I realised that what I had been doing on my own with my fascination with German opera would really be useful since it is exactly the same process as to what we are currently doing in our Landesgruppe book translation meetings. In these meetings we compare line by line in English to German. It was a foreshadowing of what is now commonplace with FIGU translations which is to compare and have the texts side by side the German and English. Doing this over the years and enjoying the German sounds and pronunciation, was a starting point that has helped me in being more aware and eventually more confident in the pronunciation of the German language in my own studies of the FIGU material.

This approach to the spiritual teaching is not the ideal situation since I am reading the German text but not really understanding, but even so, it still it has its benefits. It is the groundwork by being able to read and pronounce the German words correctly and if at some point I make the decision to learn all the facets of the language then it will make the learning process easier. The other great benefit of course is for the evolution-CODE. With each book and article on the spiritual teaching that I read, the evolution-CODE is therefore able to work in me and for that I am already grateful for.

With this accomplished in a satisfactory manner, I am able to at least start approaching the spiritual teaching in my daily practice in the reading and pronunciation of German words. With online internet German dictionaries which are able to let you hear how specific German words sound and spoken and recorded by native-German speakers, it really is not so daunting when we come across long German words with 10 or more letters. It is also a challenge to pronounce a German word that you have not come across before and to use the online dictionaries to help in the correct pronunciation.

Another tool available to help one with the German pronunciation is with the iphone --one may specify a German keyboard and it has a microphone to record your voice for German dictation of messages. So I can practice speaking some words or phrases to see if my pronunciation is good enough for basic German pronunciation recognition even if it has a non-German accent added in my pronunciation.

Since learning the German language in the traditional way is not what I have done at this point, I have somewhat been able to approach the spiritual teaching in another way which may not be the ideal way. It is a personal approach to receive some of the benefits. By being able to pronounce and read German a "side door" so to speak has opened and not the full entrance which I mean by learning and being able to understand German in the traditional sense.

By being able to pronounce the German within a reasonable measure I am able to approach the spiritual teaching and have been able to impart the evolution-CODE from several of Billy's books already. Another advantage with having able to pronounce German is the ability to memorise several of the spirit prayers and meditation exercises by heart which is a great as they can be recited to oneself any place or time and as means of contemplation. I usually do this while on the streetcar or in any place where I am able to have a few moments to myself.

Over the years I have memorised these meditations and spirit prayers:

- 1] Mein Geist version 2
- 2] Mein Geist Ich suche den Weg zu dir...
- 3] Ich bin Neutral unvoreingenommen...
- 4] Wahrheitlich bin ich...
- 5] Ich lebe in liebe...Ich lebe in frieden...
- 6] Mein Bewusstsein das du als shopfungskraft in mir bist...etc.

One of the more recent English translations from FIGU Australia is the booklet "All Seven forms of Prayer by Nokodemion" in it there are 3 spirit prayers for the new time by Nokodemion created by the last Henok.

Of the 3 new time prayers I have managed to memorise the 5th spirit prayer and eventually will memorise the 6th and 7th. It took a couple of months to daily practice and memorise but was very glad and satisfied when I could remember half of the first sentence. Once I was sure about my memory work, I would then include the second part of the sentence all adding to what I had already previously memorised. To make thing easier I would also add the number of the sentence I was in the process of memorising since this would help me not get the different sentences from being confused with each other.

As there are many more to memorise there will be no shortage of text to memorise in this lifetime.

Study Goals and Lifetime Goals with the Spiritual Teaching

In the time it took to write this, I also for the first time considered what my eventual goal in this lifetime would be in respect to the spiritual teaching in tandem with my abilities.

Perhaps it is a good idea to actually think of what one would like to achieve specifically in terms of learning and living the spiritual teaching. The result that with some days it seems that what we have intended to accomplish has not been achieved. The day to day activities taking over and the time and attention for the spiritual teaching is pushed aside.

In considering my personal goal regarding this, it then would be: to read the German translations of Billy's books. So having access to the evolution-CODE and the rough English equivalent and gist of the books. This will take a lifetime or lifetimes

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since there are currently over 40 books and this process is a study for which I am grateful for and gladly take part in. In conclusion, my personal approach will hopefully provide insight and possibly give some ideas in your own ways in approaching and navigating into the spiritual teaching. Maybe there are some ideas that you have not considered before and will possibly also prompt something in yourself and make you see how your personal approach to the spiritual teaching for the present and future will be achieved and fulfilled.

Thank You and Salome !

THE SPIRITUAL TEACHING APPLIED IN OUR DAILY LIFE

Question:

It says in the Goblet of Truth under the heading; "An Important Message to the Readers of this Work"; wherein it says; "It makes no difference whether the text is read silently or aloud, or whether one person reads it aloud to another". My thoughts from contemplation have been the following. Would you and our Jshwjsh find it permissible to have recordings of someone (KG49?) read the Goblet and make it available to your students? [or permit others to make the recordings?]; I have reasoned that the recordings would be beneficial during meditation time, that it would help expedite the grasping of the German by helping us recognize the words we are learning and seeing their use and placement in the sentences and also directing more and more of our attention to the German texts in the Goblet. All of us the stu-

dents could listen in our vehicles while driving, so on and so on. FIGU could charge a fee for the recordings to further help the Mission financially.

Answer:

Recordings of the spirit teaching are not useful because the flow/stream of the words and sentences enters one ear and goes out through the other one.

In order to learn you have to study the teaching sentence after sentence (with books, not electronic devices). In order to have a benefit you have to study and apply what has learned in your everyday life. Just listening will not bring the expected benefit.

The code can be compared with just a counsel or advice, which to observe etc. is up to each person's own free will.

Source: FIGU Discussion Board /
Your Questions to Billy Meier Answered

TENDING TO THE THOUGHT GARDEN

by Michael Uyttebroek / October 29, 2013

Every thought is a seed that has the potential to grow into a full-fledged plant with its own seeds to continuously expand. It is the responsibility of every human being to tend to his/her own garden, otherwise the weeds will take over and not leave any room for the desirable plants to flourish. If this is to be compared to thoughts, healthy thoughts need to be nourished/nurtured and given attention to. The weeds or useless babble of uncontrolled thinking needs to be brought under control so that the clear perception of the 'what is' is possible. Although this sounds simple enough to understand from an intellectual perspective, putting this into application requires effort and a great deal of discipline. In fact, it also requires that one sees the endless babble and various prejudices, self-created illusions, beliefs, false understandings, etc., in the first place, that these exist as deeply rooted components of one's personality, and act as filters through which one views one's life and the world. Therefore, essentially, we are not free, because in our normal, day to day life we do not take the time and effort to identify the weeds from the useful plants.

To uproot these various components, to clear the garden of the various undesirable plants, requires effort. This effort first begins by identifying the unwanted weeds which requires careful observation of what is in the garden and then to take neutral-positive action. By diligently designating the unwanted thoughts as small, unimportant and easy to let go of, without suppression, and by turning one's attention to neutral thoughts that have nothing to do with these hindrances, the weeds wilt because they are no longer being fed with attention. Contrarily, if one forcefully pushes the undesirable thoughts into the background with other thoughts of what one 'thinks' is correct, these weeds will continue to flourish as a result of the continued suppression, which simply gives them more power.

In the clear-sight breathing meditation, we can make a similar analogy. Observing the garden/breath and noticing all of the thoughts that are propping their heads up, we see that our consciousness is overrun with unruly and distracting thinking which clouds our ability to clearly perceive the facts as they really are.

Contrary to euphoric meditation where one is simply wrapped up in the propagation of more distractions by giving attention to and further promoting desires and wishes and therefore further planting 'thought weeds', in the clear-sight meditation, the breathing, or more specifically, the effects of the air as it brushes past the sides of the nostrils as one inhales and exhales naturally, is the focus of attention or the object of meditation. When a distracting thought arises, one simply needs to redirect the attention back to the effects of the air flow against the sides of the nostrils. This process needs to be done on a daily basis and can be seen as clearing the garden of all thoughts.

Finally, once the weeds are identified and denied attention, they wilt and the garden is ready to take on positive, useful and beneficial thoughts which need to be nurtured with the proper care and attention.

Salome,
FIGU-LANDESGRUPPE CANADA