



# FIGU - LANDESGRUPPE AUSTRALIA

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## FIGU - LANDESGRUPPE AUSTRALIA Newsletter

~\*~\*~\*~\* OFFICIAL NEWSLETTER OF THE FIGU AUSTRALIA NATIONAL GROUP - FLAUS ~\*~\*~\*~\*  
April 2012, Issue Number 1

### SPECIAL NOTICE:

I would like to announce on behalf of everyone at the Australian FIGU group that on the 6th of February 2012, we have been officially registered as FIGU-Landesgruppe Australia Inc.

The editor- Bianca Recht

#### NOKODEMION'S MENTALBLOCKMEDITATION

ICH LEBE IN LIEBE  
ICH LEBE IN FREIHEIT  
ICH LEBE IN FRIEDEN  
ICH LEBE IN HARMONIE  
ICH LEBE UNBESCHWERT  
ICH LEBE IN GESUNDHEIT  
ICH LEBE IN FREUDE

#### NOKODEMION'S MENTAL-BLOCK MEDITATION

I LIVE IN LOVE  
I LIVE IN FREEDOM  
I LIVE IN PEACE  
I LIVE IN HARMONY  
I LIVE UNBURDENED  
I LIVE IN HEALTH  
I LIVE IN JOY

### SPECIAL CONSIDERATION:

Readers may be interested to learn that the translation of Billy's book, Macht der Gedanken (Might of Thoughts), is well underway (at least 2/3 complete), and our group will soon be needing donations to ensure that the publication of this book can proceed. Anyone who would like to contribute to this publication fund can contact our treasurer Robyn Foley at: [Robyn.Foley@au.figu.org](mailto:Robyn.Foley@au.figu.org)

## ~ The Nature of Beginnings ~

### The Launching of FIGU-Landesgruppe Australia

I thought long and hard to find the appropriate way to approach the very first article for the first ever newsletter of the very first ever Australian FIGU group – a FIGU national group, no less. And as the first president of FIGU-Landesgruppe Australia, I find myself feeling quite grateful that I can only begin to imagine the monumental significance of the task that our little group has taken upon itself. This way - I tell myself - I can take some useful steps forward without becoming impossibly daunted by the profound responsibility of it all. So many vital messages are contained within the renewed teaching. As our elderly living prophet continues his tireless, prolific work, we students find ourselves with a veritable mountain of dense texts packed with enough learning for more than several lifetimes. How can we, at this very early stage, have enough grasp of it to responsibly convey the vital message for honest searchers? And how can I possibly responsibly narrow it down here to just one, main guiding theme, worthy of this position in Australia's very first FIGU newsletter? Where do I start? Where do we all start? Or more to the point, how do we start?

Happily, logical thought and enough respectful observation of the truth of our situation does provide answers to such questions, as it also does for the following question: Why is it that this obligation we have taken upon ourselves is not too great? Why is it that ours is not a fool's errand? Why is it that we can be genuinely optimistic in our outlook for FIGU Australia?

We are just a handful of human beings amid this mass of humanity down under, the majority of which would presently have virtually no appreciation whatsoever for the truth of the renewed teaching as presented by Billy Meier, even if we could make this mass aware of the teaching. Nonetheless, the nature of our first baby steps is profoundly significant and worthy of deep contemplation. It would be easy to think that we can make no difference at all in the short term in the context of the endless, escalating madness of war and overpopulation, destruction, misery, family disintegration, mass deterioration of health and catastrophic weather and financial events everywhere. Amid this chaos we might think that it is really no big deal what we do in the short term. Who is even going to notice? But this is clearly a wrong view. What we are doing by starting our little group is beginning to lay down an incalculably significant foundation of good habits and processes, and a firm structure composed of mighty thoughts - adopted from the teaching of the prophets no less. The strength of these established thoughts will remain to serve generations to come.

The ideals, plans, wishes, intentions and dreams that we harbour and nurture now, right at this moment, to do with our FIGU work obligations, are profoundly powerful. The way we repeatedly form those thoughts and reinforce them with our actions will determine the success of our group. Together, our little group has sown a vital seed which is quickly growing into a tender little seedling, and then a sapling, before our very eyes. It may still be very small and very green, but one day, our little sapling will have developed into a mighty tree.

This day has been foreseen by the prophets and the Plejaren extraterrestrials, who have formed our guidelines to suit the unfolding events and conditions of centuries yet to come. And although, for our limited consciousnesses, this is inconceivably far off in the future, precisely how we tend and care for that sapling right now will determine just how, and how well, the tree forms. During its early development to maturity, will we succeed in preventing it, in its subtleness, from becoming lopsided and twisted or stunted through neglect? Will we give it sufficient nourishment to prevent it from becoming weak and prone to insect and fungal attack? Or, will we cause it, on the other hand, to take on a strong and reliable form and structure right from the start, which continues to take the strain of its own increasingly bountiful crop, while withstanding the howling winds and biting frosts of life on often hostile planet Earth? How soon will our Australian tree provide the promised shade and protection for the people of the future, who will come to sit beneath its crown to be refreshed by the understanding of the teaching of the truth? Will it first have to undergo some invasive corrective tree surgery - a radical pruning? Core Group secretary, Bernadette Brand, reminds us that the work that we do now, and that the Core Group does now, will lead FIGU into a successful future, in that FIGU will create the basis for a fundamental turn-around in the thinking of all human beings of this planet. That's breathtakingly huge. That's quite a tree.



## ~ The Nature of Beginnings ~ (cont.)

Big, strong ideas create big, strong results. Small, faint-hearted ideas create small, weak results

In honouring the reality of our situation, logic demands our truthful analysis - and acceptance - not only of our position in the world and as FIGU Australia, but personally, of ourselves.

While we can legitimately think and plan big, it is important that we do not represent ourselves as anything other than we actually are students of the truth, with a greater or lesser degree of understanding. Really, all of us are still at the very start of our learning curve, but we have the commitment to use that which we have to assist other searchers and students along their way, and we have the will to do so. Our situation is nothing more and nothing less than this. There is a fundamental stability in basing our self-perception in truth and in not being afraid of our own imperfections, which are simply an effect of the natural evolutionary process. And our mistakes, provided they serve our evolution, are our principle and essential natural opportunities to learn. Our personal evolutionary growth is our first priority as FIGU-Landesgruppe members, and I wonder what better growth medium there could be for FIGU students than a seemingly tailor-made group environment in which we inevitably have to test our own approach against that of our committed companions, and also against our committed critics out in the community.

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*“Big, strong ideas create big, strong results. Small, faint-hearted ideas create small, weak results.”*

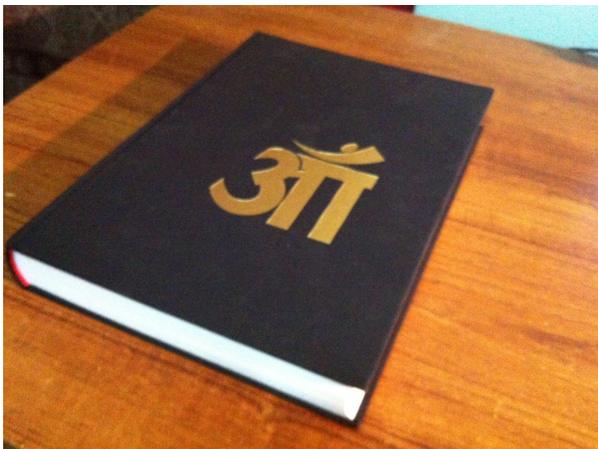
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Although Billy's advice, “Alle Anfänge sind schwer” (all beginnings are difficult), can appear superficially discouraging at first, it is quite the contrary. Again, his words honour the truth of the situation. This is advice to encourage and to prompt a recognition of the natural process of beginnings. It is based on the knowledge that good ideas and habits must be repeatedly reinforced, hence the importance of order and planning and punctuality, reliability and structure, which, in ignorance of the truth regarding the powers of the human consciousness, might otherwise appear to be finicky and pedantic. Actions reinforce the principally important thoughts.

Billy explains in *Might of Thoughts...*, “...human habits, such as, for example, the maintenance of wrong thoughts and views, and so forth, leave behind deep grooves in the consciousness which must be slowly repaired again and be made to disappear...”.

Our efforts to conform to the FIGU structure and order, for the sake of effectiveness, are not mindless conformity to an imposed regime, but are essential to bring about positive, deep grooves in our individual and collective FIGU consciousness - grooves which correspond to positive, constructive habits.

Since the bad habits and erroneous ways of thinking are the dominant ones on this planet, they generally have a greater hold on us, the inhabitants of Earth, than the new, good habits. They are the ones which have most thoroughly established themselves as part of our personalities. And so our situation is that a mighty effort is required - an extraordinary and sustained effort - to give the new and good, positive ideas, thoughts and habits a fighting chance. This is not a project for the faint-hearted, but it is the only way forward. And eventually, as a result of this effort, the new ideas will become the habitual ideas. But even then a sustained effort will be required to maintain and nurture them. It's logical.



This all describes the unavoidable necessity of conscientiously and lovingly tending our figurative FIGU garden and why half-heartedness can certainly lead to failure. But it also describes why it is that a tiny, neutral-positive focussed group can succeed in establishing a mighty, stable basis for all who follow in Australia - a basis of on-going good habits which will certainly lead one day to there also being an actual FIGU Australia garden ... with vigorous worms, lines of cabbages, greenhouses, trellises, birds and bird baths, groves of fruit trees, nooks and crannies, flowers, harmony and love, and sincere individuals - who are searching for the truth - pulling weeds, and, and, and, ...and yes, yes(!), if we must,...lots and lots of gnomes(!)... I am nurturing this dream, and it is very pleasing indeed.

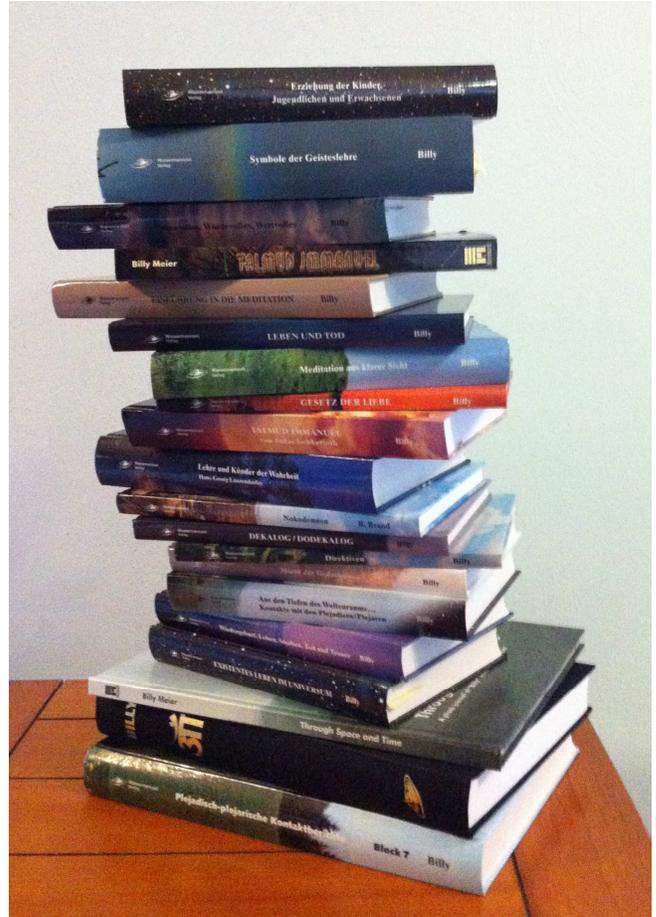
Vivienne Legg (President)

## ~ The “birth” of FIGU-Landesgruppe Australia ~

On the 11th November 2011 seven Australian passive members of FIGU (Adam, Bianca, Carlos, Peter, Robyn, Vivienne and Vibka - the “parents”) came together in person for the first time, in order to found FIGU-Landesgruppe Australia (or give birth to baby FL AUS). The weekend was spent at Bianca’s comfortable holiday home, which is situated amongst the beautiful green, rolling hills of South Gippsland, Victoria. The general excitement was palpable when everyone arrived, because this “birth” had been dreamed about, and planned, for quite some time.

It all began early 2010, when some members got together via Skype to study the Geisteslehre by reading and discussing various texts published by Billy and FIGU. By June we had adopted the regular routine of meeting on the second Saturday of each month, and soon after we changed the format of our study group meeting. Instead of reading a text, members would take it in turns to prepare a talk based on the Geisteslehre, which helps everyone to express the teaching in his/her own words. This has proven very successful, and even the least experienced in the group have taken up the challenge, and the opportunity to stretch themselves.

As time went on, the members of the study group felt that it would be beneficial for the mission to become an official FIGU-Studiengruppe, so we could have our own website to publish our translations and reach fellow citizens of this vast country.



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*“Like it is with all pregnancies, a fair bit of work is needed leading up to the birth, and then more hard labour is in store until the baby is born.”*

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As “responsible parents” we wanted to prepare ourselves well, therefore the SSSC was contacted for some guidelines, and Bernadette Brand, the secretary of the Core Group 49, forwarded three articles that had to be translated and studied, which were “The Leadership Role of the Core Group of 49”, “The Nature of Study and National Groups” and “Seven Principles of FIGU Groups, Their Interpretation and Summary”.

These were followed by the actual guidelines for FIGU study groups, which were also translated and examined by the group.

In March 2010 one member of the group had received a letter from Billy with some encouragement to form a group in Australia.

~ the “birth” of FIGU-Landesgruppe Australia ~ (cont.)

However, Billy thought that a Landesgruppe would be more suitable for us, and therefore the members decided to ask the core group again for the respective guidelines. These were translated and compared with the guidelines for study groups, with the result that the difference in regards to the responsibilities of the members of each group seemed not too big, and that it seemed feasible to form a national group.

So after due consideration all members agreed to make the commitment and to found FL AUS. Once that decision was made, the neutral statutes for FIGU national groups had to be merged with the Model Rules for Associations in Victoria, in preparation to become registered as a not-for-profit association and to meet the legal requirements in Australia.

Like it is with all pregnancies, a fair bit of work is needed leading up to the birth, and then more hard labour is in store until the baby is born.

Well, the “labour” began at 11 am on 12 November 2011, with the approval of the statutes, which still required some last minute amendments. That was followed by the election of office bearers and the discussion of the many points on the agenda, which a very enthusiastic “parent” had put together! The meeting had to be adjourned a couple of times, to take in some much needed refreshments, and it was closed off with the required peace meditations conducted at 1930h and 2100h EDST.

Then, to celebrate the “birth of FL AUS”, the “parents” shared a bottle of peach wine, which Bianca had brought back from Switzerland. And FL AUS received its first gift from one of its parents, a flag from FIGU SSSC, as an inspiration for everyone to help FL AUS grow up to be big and strong, to have its own centre, and to one day become FIGU-Kerngruppe Australia.

A big thank you to everyone for their hard work and support, and also to Billy and the “FIGU family” (or should I say grandparents?) in Switzerland. And of course a big thank you to our Plejaren friends, who give so much time and support to the “Stille Revolution der Wahrheit” (= the quiet revolution of the truth).

Vibka Walder (Secretary)



## Account of 'experience' at the SSSC on Thurs 18th August 2011.



Harmonie

I had planned a visit from Australia to the SSSC for a 2 week period. I arrived on 7th August, and was given a small caravan to stay in, on the hillside. On the night of the 17th I made my way down the track to the small caravan, and went to sleep around midnight or so. At some point, maybe a few hours later, I awoke with a start as I felt urgently that I was going to be sick and jumped up thinking I would have to run to the door of the van to get out in time. This was unusual for me, as I don't recall feeling nausea like this very often in my life. However, before I could get to the door, this overpowering nausea subsided completely. I went back to the bed and drifted back into sleep.

Once again, I awoke with a start. This time I heard clear footsteps outside the little caravan. Being alone down there, it is not something I would have expected to hear in those early hours of the morning. I sat up and at that moment the most amazingly strong perfume came wafting in through the windows of the caravan. It was a really

beautiful perfume, that made me think of flowers and some other elements as well. I took deep deep breaths, to take in this perfume. I heard myself saying out loud "how beautiful", and "What is this beautiful smell?" I peered out of one of the windows of the caravan to see if I could see anyone there associated with the footsteps, however, I could not see anyone.

The perfume continued to waft into the caravan until the van was just filled with this glorious aroma. I basked in the aroma, wondering if it could have been the flowers from some tree, releasing their perfume. But I thought that if this was so, I would have noticed it before tonight. I then went back to sleep.

On waking in the morning there was still a faint perfume in the van and I went up the hillside to the showers and to have breakfast. I met Eva from Germany having her coffee. I told her of my experience, as it was so unusual and I felt the need to share it. We then went in to have breakfast. In the kitchen at that time were Atlantis and Karin (from Germany) and Eva (from Germany). I spoke to Atlantis about the experience asking him if there were any trees that give off that kind of perfume. He listened to my whole story, and then he decided to ask Billy about it and went into his office.

Atlantis came back some minutes later, saying that Florena had visited Billy in the early hours of the morning, and that my experience was likely Florena going for a walk through the Centre, as she often likes to do. Billy wanted me to write this experience down.

I was delighted to have come all this way from Australia, for my first visit to the Centre, and to have had this pleasant experience, with Florena.

Robyn Foley  
Passive Member, Queensland, Australia

## GOBLET OF TRUTH

Chapter 20 : 23

Know, every differentness depends on each other (has a logic/precondition) like ebb and flow, like day and night and like life and death, because everything belongs together and is a whole (unity).



### Kelch der Wahrheit

Wisst, alles  
Verschiedenheitliche  
(Gegensätzliche) bedingt sich  
(hat eine Folgerichtigkeit/  
Logik Voraussetzung), wie  
Ebbe und Flut, wie Tag und  
Nacht und wie Leben und  
Tod, denn alles gehört  
zusammen (ergänzt sich) und  
ist eine Ganzheit (Einheit).

## Dear Human Beings of the Earth.

Pay attention to your thoughts, because they become feelings.

Pay attention to your feelings, because these quickly become words and these become deeds as well as actions.

However, actions and deeds become habits, which quite quickly form the character; through which in turn you determine your destiny in all things.



### Liebe Menschen der Erde

Achtet auf eure Gedanken, denn sie werden zu Gefühlen. Achtet auf eure Gefühle, denn diese werden schnell zu Worten und diese zu Taten sowie zu Handlungen. Handlungen und Taten aber werden zu Gewohnheiten, die gar schnell sich zum Charakter formen; durch den wieder bestimmt ihr in allen Dingen euer Schicksal.

## OM KANON

30 : 113

Truly, I say to you: there is no higher happiness than wisdom, and therefore no better friend than the truth and knowledge and love, and no other saviour than the power of the spirit.



## OM KANON

30. 113

Wahrlich, ich sage euch: Es gibet kein höheres Glück als die Weisheit, und also keinen besseren Freund als die Wahrheit und das Wissen und die Liebe, und keinen anderen Retter als die Kraft des Geistes

## FUTURE

### For weak human beings

the future is torment and something not achievable, and for the fearful one it is an anxiety, however, for the courageous ones a good time for best progress as well as for success and prosperity.

SSSC, 4 July 2011

1:03 am, Billy



### ZUKUNFT

Für schwache Menschen ist die Zukunft Schrecken und Unerreichbares, und für den Furchtsamen eine Beklemmung, jedoch für Mutige eine gute Zeit für besten Fortschritt sowie für Erfolg und Gedeihen.

SSSC, 4. Juli 2011 1.03 h, Billy



Peace Symbol

Alles ist eins  
All is one

